# Here are some suggestions for animating these cards for personal reflection or group discussion.

#### Resonate

Spread the cards out face down on the floor (with the design and title showing). Invite participants to walk around the space and read the titles and look at the graphics. Ask each person to choose one card that for them resonates in terms of 'cultural democracy'. Ask each member of the group to share their card and what drew them to it.

Ask everyone to replace their card face down and take another walk around the room, this time choosing a different card that resonates with them in connection with 'leadership'. Again ask each member to share their card and what drew them to it.

### Step Into My Shoes

Ensure each participant has a card. Invite them to pair up with another person and imagine the text on the card as a script. Invite them embody the interviewee and read the script aloud to their partner as though the words were theirs.

After each person has performed their script, challenge participants to reflect on the connections and differences between the extracts on different cards. Invite people to swap partners, perform and compare their extract with someone else.

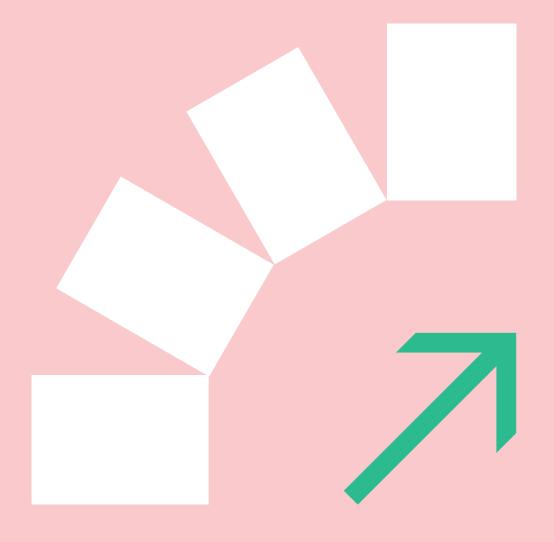
#### **Personal Reflection**

**Trigger Lists** With the cards facing text side down, look at the illustrations. Choose one card and create a list of words that first spring to mind when you look at the card's illustration. Spend only about one minute doing this creating a list of five to ten words. Pick up your chosen card and then read the text. Now create a list of new words in response to the text you have read. Compare both lists and notice which words are similar, or different: taking note of any words that may have surprised you.

### **Acting Change**

Having glanced at all the cards, choose one that may relate to the day ahead of you. Think of any challenges and opportunities that may arise during the day. Using that card, take 5 minutes to write down how you would resolve any issues or maximise possibilities, and turn that into an action plan.

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